

The Early Elementary Program  
**A Foundation  
for the Future**



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SACRED HEART  
SCHOOL *of* HALIFAX

Elementary School

## The Early Elementary Program



Children arrive at school full of questions. We are intentional in nurturing that natural curiosity while building a solid foundation of knowledge and competencies to support their future learning. In the early grades, there is no firm line between play and academics, between fantasy and reality. It's during this time that we ease children into the rhythm of formal learning while nurturing their natural sense of wonder. We also ensure that as children in the early years grow and progress through their school journey, they receive a balance of academic, social-emotional, physical, and spiritual learning that sets our students up for success in middle and high school and beyond. Regardless of the grade level, we are guided by our Sacred Heart Mission, as outlined in our **Five Goals**, our moral compass and a tried and true roadmap.

Read on to find out why our Early Elementary Program would be an excellent choice for you and your child.





1

Academically, **English literacy, mathematics, and French literacy** form the foundation of our Elementary School. In the early years, it is essential to give focused attention to developing skills in speaking, listening, reading, writing, numeracy, and problem-solving. Alongside these core areas, students also engage with science, social studies, music, art, physical education, health, and religion at every grade level, ensuring a well-rounded education.

2

**French is a vital part of our early learning experience.**

Students begin their exposure to French in Junior Primary and Primary classes with two and three lessons, respectively, each week. This foundation is further strengthened in Grades 1-2, where students have six French sessions per week. From Grades 3 to 6, French instruction happens daily, preparing students to advance confidently in Senior School, where they can pursue higher-level French studies and eventually work toward full DELF (Diplôme d'études en langue française) bilingual certification.





3

Our **NEW Enrichment Program** across the Elementary School is truly transformative! The Program consists of two key components: **differentiated teaching and learning**, which incorporates enrichment strategies within the general curriculum to personalize education, and **Enrichment Clusters**, thoughtfully designed experiences that broaden students' knowledge, skills, and abilities beyond the general curriculum, with a final product and/or service component. To explore the benefits and details of our Enrichment Program, click [here](#).

4

Our **specialists in Music, Art, and Physical Education** collaborate closely with our teachers to deliver structured, engaging sessions that augment the curriculum. This teamwork ensures every student enjoys a well-rounded educational experience that nurtures creativity, physical health, and artistic expression alongside strong academic foundations.

5

Our faculty's success is your child's success. They are fully committed to educating, nurturing, and supporting every student, leaving no stone unturned in this important mission. Together, **our Elementary School team represents the very best, united by a deep devotion to our students and our Sacred Heart Mission**. In addition to our highly skilled and dedicated teachers, who carefully balance core academics, language learning, enrichment, and social-emotional growth, we are supported by an outstanding Academic Team that includes our Principals, Vice Principals, and Learning Strategists.





6

In today's fast-paced, screen-filled world, it's more important than ever to return to the fundamentals of civility and respect. **In our Elementary School, we intentionally teach responsibility, kindness, and gratitude.** Our students learn to make eye contact, hold doors open, say please and thank you, and show genuine respect for everyone they meet. These simple acts of courtesy may seem small, but they are essential to raising well-rounded, grounded young people who embody the spirit of our Sacred Heart Mission and Five Goals.





7

Research consistently shows that **play is a vital part of learning**, especially when children have a safe space to explore and take age-appropriate risks that build their independence. At our Elementary School, we place special emphasis on outdoor play as a key component of a well-rounded education. To support this, we provide **four daily outdoor recesses** — weather permitting — to give students ample opportunity to engage in physical activity, social interaction, and imaginative play. Our exceptional play structure, thoughtfully designed with input from our students, along with outdoor game and play areas, makes our campus an inviting and stimulating environment.

8

In our Elementary School, we teach the whole child. In addition to their academic foundation, we prioritize their **physical, social, emotional, artistic, and spiritual growth** because we know that true learning thrives in a balanced life. We do this in a faith-filled environment suffused with love, where hugs are plentiful, every child feels valued and supported, and community is cherished.





9

Sacred Heart School of Halifax is part of a global network of schools around the world which share a rich heritage that dates back to 1800 when St. Madeleine Sophie Barat founded the Society of the Sacred Heart of Jesus (RSCJ) and created the educational and spiritual philosophy that still guides us today. That heritage gives us **rich traditions unique to us**, including Congé, a surprise day of play when everyone in the School gets to be a kid, and Primes, a monthly Elementary School tradition of formally recognizing student growth and achievement with certificates and medals. In Halifax, we've been operating for over 176 years, and our School is filled with a remarkable history and character; one that gives definition to what it means to be a student here. And once a child of the Sacred Heart, always a child of the Sacred Heart — welcomed by and instantly connected to others around the world.

10

We offer a **vibrant array of co-curricular and extracurricular activities** designed to engage students' diverse interests and talents. Our students can explore activities and clubs like robotics, Battle of the Books, intramural sports, choir, Beginner Band, Running Club, chess, and many more. These opportunities bring students together around shared passions, fostering social-emotional growth, teamwork, and, importantly, joyful experiences that build a strong sense of community.



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## CALL US

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## VISIT US

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